

## PEERS COMING SOON!

## Social skills group for teens



Questions? Contact Sarah Kay on 0431 145 273

Register your interest at <u>www.wollongongspeech.co</u> <u>m.au/groups</u>

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PEERS for Adolescents is a 16-week evidence-based social skills intervention for motivated teens.

Who is it for? Age 11-18 years, with Autism Spectrum Disorder, ADHD, Anxiety, Depression, or other social and behavioural disorder. A Social Coach (e.g., parent) also attends and helps with homework assignments.
Why join us? If you are interested in learning ways to make and keep friends.
What happens? Teens and a social coach attend 16 weekly group sessions for 90 minutes per week. Teens are taught important social skills and are given opportunity to practice these skills. Social coaches attend separate sessions at the same time. They are taught how to assist their teens in making and keeping friends, by expanding their teen's social network and providing feedback during weekly homework assignments.