

What it is

Aphasia is caused by damage to the parts of the brain responsible for language. It may make it hard for you to understand, speak, read, or write. It does not affect your intelligence.

Aphasia is often caused by stroke, brain injury, or brain cancer.

What the research says

The Australian Aphasia Rehabilitation Pathway (www.aphasiapathway.com.au) explains the many different types of aphasia therapy. These include one-on-one therapy, group therapy, computer-aided therapy, social participation approaches, and conversation partner training.

Family and friends are encouraged to be involved. Improvements can still be made in the 'chronic' stage (for people with aphasia longer than 6 months).

What we do

We start with **assessment** and **goal setting**, to find out how well you are communicating and what you'd like to do better. Then we develop a **therapy** program that will best meet your goals. We will usually ask you to practice at home, as well as in therapy sessions.

In some cases, you may need to find other ways to communicate your wants and needs, this may include hand gestures, writing, pointing, or with a computer. These strategies are referred to as AAC.

Contact us if you want to know more

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