

What it is

When you have dyspraxia of speech, the right messages from your brain aren't getting through to your mouth. This causes the sounds and words to come out jumbled. It is also called apraxia of speech.

Characteristics of verbal dyspraxia include repetition of words and phrases, difficulty with organising the content and sequence of language, and uncontrolled pitch, volume and rate.

What the research says

The "principles of motor learning" approach tells us how to design treatment for best outcomes. We need lots of speech practice in every session, and you should also do practice at home. Your speech practice needs to be unpredictable, and it needs to be challenging. We will teach you to listen to your own speech and judge whether you got it right.

What we do

We will look at how well you can move your mouth, lips, and tongue. Then we listen to your speech sounds in words, sentences, and conversation.

Treatment goals depend on how well you are talking. We may focus on practicing the correct mouth movements to form the speech sounds (with lots of repetition!). We might also teach you to use clear speech strategies (e.g. big articulation and slow speech).

Contact us if you want to know more

PO Box 1548, Unanderra NSW 2526
0418 476 235

www.wollongongspeech.com.au

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